



# New Program Offering - Building Strong Partnerships for Families

## About the program

Open Arms is pleased to offer a program designed specifically for the partners of current and former serving ADF personnel. The 8-week, evidence based program aims at improving stress management, mood regulation, as well as interpersonal communication and relationship skills.

The program is designed to run in parallel to Open Arms' new Stress Resilience and Functioning (SRF) Program. It will provide participants with full access to Open Arms unique suite of support programs and services, as well as its strong local support network.

Delivered by lived experienced and clinical facilitators, it will help families overcome challenges and build stronger relationships.

Available in Hobart with further locations to be considered in the future.  
Eligibility - the partners of current and former serving ADF personnel.

## Expressions of interest / Referrals

To express interest or to make a referral to the SRF Families Program please email [OPENARMS.TASMANIA@dva.gov.au](mailto:OPENARMS.TASMANIA@dva.gov.au).

If you have any queries please contact Open Arms Tasmania on 03 6221 6777.

